

## Fast Tomato Lesson Outline: Choosing Options at the end of Yr 9

NB. Students must have already completed the MY INTERESTS Questionnaire

<u>Student Activity</u>	<u>Discussion points/Notes</u>
Go to <a href="http://www.fasttomato.com">www.fasttomato.com</a> and LOG IN	
Look at OPTIONS FOR YEAR 10 AND 11 (The link is in the RESULTS box)	<b><i>What is the difference between CORE subjects and OPTIONS?</i></b>
Read the descriptions of the different subjects available.	<b><i>How are different subjects assessed? Do some have more coursework instead of exams?</i></b>
Select subjects which you would like to study. Save your choices and you are taken back to the Home page.	<b><i>What factors should you consider when making your choices?</i></b> <b><i>What do the different TOMATO RATINGS mean? Subjects are rated depending upon students' MY INTERESTS questionnaire.</i></b>
Go to CAREER SUGGESTIONS (The link is under Suggestions on the Home Page)  If you have been to this page before, click on My Qualifications Link.  On the QUALIFICATION PROFILE, select the level of subjects you have chosen to study if they are listed.	<b><i>How do your subject choices affect future career opportunities?</i></b> <b><i>Are there certain subjects which you MUST take if you are interested in a particular career?</i></b> <b><i>NB: Not all subjects are listed on the profile. The subjects listed are those most often required for specialist careers and courses (e.g. Maths)</i></b>
Click any career suggestion. There is also a list of Similar Careers for you to explore.	
<b>EXTENSION ACTIVITY/ HOMEWORK</b> Discuss your choices with your friends and family/carers.	

FOOTNOTE: For most effective use, your Fast Tomato Administrator should customise the list of subjects shown on the site so it reflects options available to pupils.