

Fast Tomato Lesson Outline: Introduction

<u>Student Activity</u>	<u>Discussion points/Notes</u>
<p>Go to www.fasttomato.com and in the NEW USER box, click the Get Your Free Login button.</p>	<p><i>Why are we looking at FT now?</i></p> <p><i>What are advantages of FT being on the internet?</i></p>
<p>Type in your first name and second name and enter your FastTrack code, which your school / centre should provide you.</p>	
<p>OR... If you don't know your FastTrack code, enter your first name and second name, leave Fast Track code blank, and click Get Login. Follow the on screen instructions to find your school/centre.</p>	
<p>If your Centre is not on the short list, you can view a full list of available places by clicking "click here for full list of centres" and follow the on-screen instructions.</p>	
<p>Click the Continue button</p>	
<p>Your Username and Password are provided to you by Fast Tomato in the "Your login details" box.</p>	<p><i>Make a note of these details. You will need these to login in when you return.</i></p>
<p>Select your school year in the box on the right, and select the easy to read check-box, in the "Language" box if required.</p>	
<p>Click the Start Fast Tomato button in the "Go go go..." box.</p>	
<p>Answer MY INTERESTS questionnaire.</p> <p>Look at your results - click on the title of an area (e.g. "Caring") to find out more information.</p> <p>You can also read the "EXPLAIN MY RESULTS" report.</p>	<p><i>What does it mean if you say you are "interested" in something?</i></p> <p><i>Why it is useful to have a better understanding of what interests you?</i></p>
<p>Then click "NEXT HAVE A LOOK AT CAREER SUGGESTIONS"</p> <p>Set the education level and qualifications you expect to achieve.</p> <p>Have a look at the suggested careers. Click on a job title to find out more information.</p>	<p><i>What does the word "suggestion" mean? What would make a suggestion a good one?</i></p>
<p>EXTENSION ACTIVITY/ HOMEWORK</p> <p>Select CAREER SUGGESTIONS you like and add them to your FAVOURITES. In your favourites, click on the job title and make notes on your reasons for liking the job and anything else you would like to record.</p>	<p><i>NB: After Logging in, you can access the Careers Suggestions page from the RESULTS box on the Home Page</i></p>