

Fast Tomato Lesson Outline: Preparing for Work Experience

NB. Students must have already completed the MY INTERESTS Questionnaire

<u>Student Activity</u>	<u>Discussion points/Notes</u>
<p>Go to www.fasttomato.com and LOG IN.</p>	
<p>Look at CAREER SUGGESTIONS</p>	<p><i>Why should students do work experience?</i></p>
<p>In the CAREER SUGGESTIONS section read the descriptions of the different careers in your list.</p> <p>Add to your PERSONAL LIST any careers you would like to do on work experience.</p> <p>Click on any career to view a list of similar careers.</p>	<p><i>What kind of work would you like to get experience for?</i></p> <p><i>What type of place would you like to visit? (Office? Hospital?)</i></p>
<p>Next go to the MY Learning Plan.</p> <p>Go to MY TARGETS and create a new target for “Work Experience”.</p> <p>Identify and add specific actions required to achieve your target for work experience.</p>	<p><i>What do you personally want to achieve from your time on work experience?</i></p> <p><i>How to organise getting work experience. Who can help? Parents? Adviser?</i></p>
<p>EXTENSION ACTIVITY/ HOMEWORK</p> <p>Discuss your ideas with your friends and family/carers and start organising your Work Experience. (You may want to speak to your teacher/adviser for help).</p> <p>Update the TARGET you have prepared, when you know where you will be doing your Work experience.</p> <p>On CAREER SUGGESTIONS, use the FIND ANY CAREER feature to look at the Fast Tomato descriptions of the jobs of people you are likely to meet at the place you are doing your work experience.</p>	